

| X1 - TheCage@Kallang | | | | | |
|-------------------------------|---|---------------------|-------------------|--------------------|-------------------------|
| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:35am - 9:55am | Check In | | | | |
| 9:55am - 10:10am | Orientation/Warm Up Activities | | | | |
| 10:10am - 10:40am | Soccer&P.E&FUNGames | Tennis&P.E&FUNGames | Golf&P.E&FUNGames | Rugby&P.E&FUNGames | Basketball&P.E&FUNGames |
| 10:40am - 10:55am | Snack & Water Break | | | | |
| 10:55am - 11:20am | Tennis | Golf | Rugby | Basketball | Soccer |
| 11:20am - 11:30am | Snack & Water Break | | | | |
| 11:30am - 11:50am | Games: Tag, Obstacle Course, Sack Racing, more. | | | | |
| 11:50am - 12nn | Cool Down Activity/Check Out | | | | |
| 12:00 PM | X1 Ends | | | | |
| Water & Toilet Breaks Anytime | | | | | |